



# THE BULLETIN



## Fun in Music

One of the fun listening activities for our year one students this week.

Issue 09, April 23 2018

### Principal's Corner



What's Happening this term?

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Mathematics News

Do you want the big half or the small half?

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Classroom Sharing

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Learning & Leading *through Languages*

## Key Dates- for your diary

### Term 2

Mon Apr 23	Year 7 Application Evening 6.30-730
Tue April 24	District Aths 9am—12 noon
Tue April 24	5/6 Camp deposit due
Thu April 26	Parents' Club Meeting
Wed April	ANZAC Day holiday
Tue May 1	Swimming money & form due back
Tue May 1	Electives begin
Fri May 4	Morning Tea for parents after assembly 9.30am—10.15am
Tue May 8	Yr 6/7 Pizza Night
Thu May 10	Mother's Day Stall
Fri May 11	Prep Mothers afternoon tea
Mon May 14	Open morning 9am—10am
Tue May 15	NAPLAN Writing Yrs 3 & 5
Wed May 16	NAPLAN Reading Yrs 3 & 5
Thur May 17	NAPLAN Numeracy Yrs 3 & 5
Fri May 18	District Cross Country 9am
Fri May 18	Open Morning 9am—10am

May 21-25	Swimming Prep-6
Thu May 23	Open Night 6.30pm—7.30pm
Fri May 24	Open Morning 9sam—10am
Mon May 28-31	Dental Van at school
Mon May 28	Choir at TTHA 2.30pm—3.30pm
Mon June 11	Queen's Birthday Holiday
Tue June 12	Curriculum Day
Wed June 13	Winter Sport
Fri June 22	Reports sent home
Mon Jun 25	Learning Celebrations
Wed June 27	Learning Celebrations
Fri June 29	End of Term 2

### Term 3

Fri June 26	Last day to lodge CSEF forms
Mon July 16-18	Year 5/6 Camp

### 2018 Term Dates

Term 1	January 29—March 29
Term 2	April 16—June 29
Term 3	July 16—September 21
Term 4	October 8—December 21



## Principal's Message– What is happening this term?

Dear Parents, staff and students,

### Holidays and welcome back

Welcome back to all for another exciting term at BSPS. I have enjoyed seeing the smiles on the faces of the students and hearing all the holidays stories. It certainly sounds like some quality family time was had, along with a trip to the movies, which is an old favourite.

### School Goals

#### BSPS Annual Implementation Plan for 2018

- To build teacher and student capacity to reflect and provide feedback (formative assessment) – linked to SSP Goal 1 (Student Achievement)
- To embed our new BSPS wellbeing practices across the school – linked to SSP Goal 1 (Student Wellbeing)

This year, as we have mentioned previously, will be focused on the above goals. Next term, BSPS will conduct a new review that will result in new school goals being formulated for the next strategic period 2018 – 2022.

### What is happening this term?

Well we can look forward to a new instalment of The Leader in Me electives that kick off in week 3, always a crowd favourite, District Athletics (April 24<sup>th</sup>), a parent morning tea (May 4<sup>th</sup>), year 6 & 7 pizza night (8<sup>th</sup>), Mother's day stall (May 10<sup>th</sup>), Naplan (15<sup>th</sup> -17<sup>th</sup>), Education week and our Open Evening (May 23<sup>rd</sup>) and Learning Celebrations (June 25<sup>th</sup> & 27<sup>th</sup>) are just a few of the many events we have penciled in. So it is sure to be a busy one as usual! J.

### New Preps for 2019

It is that time of the year again when school tours and prospective families come to BSPS to help make the important decision of where to send their child to school. **We ask for any of our families who have younger siblings intending to start in prep for 2019, to get their enrolment forms in before May 25.** This of course helps with our planning and ensures a place for the 2019 school year.

Have a great term 2!

Jayson Williams

Principal



@principalbyps



We ask for any of our families who have younger siblings intending to start in prep for 2019, to get their enrolment forms in before May 25.



**Tweetification of the week**

The parent-child book moment

*Follow US!*



@principalbyps

This week's Oscar was presented to - Johanna S

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## BSPS Reminder & News Snippets

- ✓ **Emergency details**– It is every parents' responsibility to ensure your emergency details are updated regularly.
- ✓ **Bike safety** - Students are reminded to walk their bikes and scooters on school grounds. While on pathways all students must look out for pedestrians and keep a good distance between themselves and other children.
- ✓ **Dogs on the school grounds**—Could parents please refrain from bringing their dogs onto the school grounds, as per School Council regulations. Any dog on school grounds must have obtained special permission from the Council.

### BSPS Effective Communication Channels

- ◆ Student query/issue= Contact the classroom teacher
- ◆ School wide query/issue = Contact Jayson or Bret
- ◆ Financial - Administration query /issue = Contact the office.

NB. Our Parents' Club's Facebook page is not an *official* communication channel of BSPS.



## From the Office

### Term 2 and 3 Electives Program

The Electives program commences Tuesday, May 1<sup>st</sup>. Students have already chosen an activity they would like to participate in during this program that runs for 5 weeks in both terms 2 and 3.

Please note: **as this is an optional activity, your child will not be able to participate unless TLIM electives fee is paid.**

### 2018 School Fee – Instalment Plan

The 3<sup>rd</sup> instalment of \$75 was due Thursday, 19<sup>th</sup> April.

### Grade 5/6 Camp - 1<sup>st</sup> payment

The initial payment of \$90, that includes a \$50 non-refundable deposit, is due by **Tuesday, 24<sup>th</sup> April.**

### Prep – Grade 6 Swimming

The permission form and payment of \$55 due **Tuesday, 1<sup>st</sup> May.**

### CSEF (Camps, Sports and Excursions Fund)

Applications are available from the office for families new to the school or who have started receiving Centrelink benefits in 2018. Applications close on Friday, 22nd June.

*If anyone is experiencing difficulty making the requested payments, please contact Noleen Maxwell (Business Manager & Parent Payment contact) to discuss payment arrangements or support options.*

Noleen Maxwell  
Business Manager

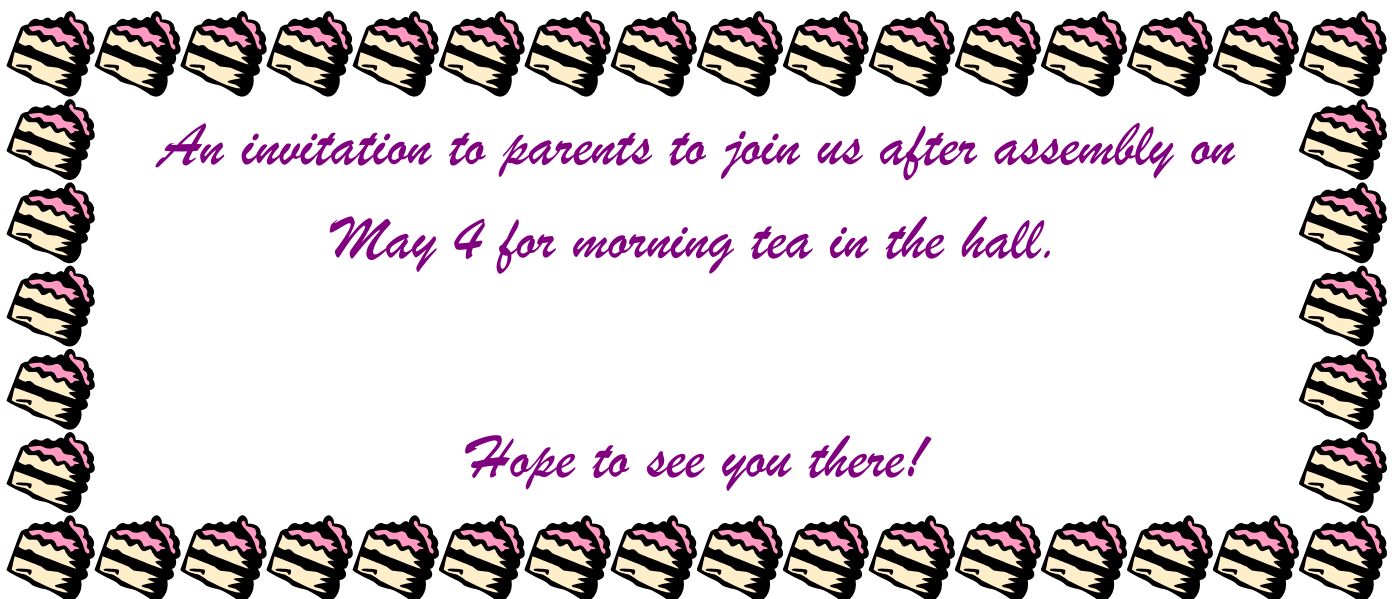


***Birthday Wishes go to the following students who had a birthday last week.***

***Lachlan R, William M, Zach E***

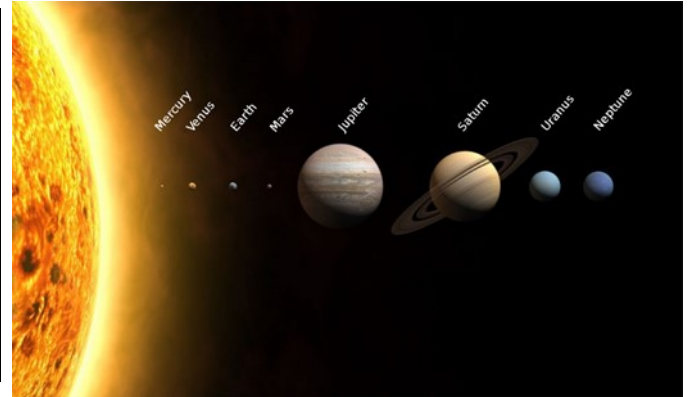
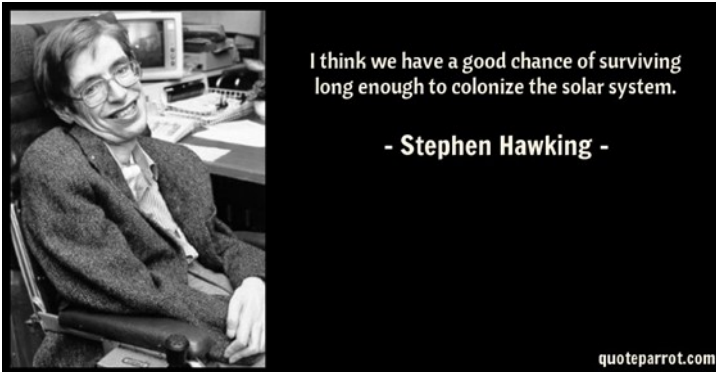


ANZAC Badges are on sale at school for a gold coin donation.  
Students will have the opportunity to buy a badge from their  
classroom.



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## Inside the Classroom - Year 5/6 Learning About the Solar System



This term students in Year Five and Six are learning about the solar system, space travel in the past and in the future, and the challenges this presents. At the beginning of our Science Inquiry Unit we learned the order of the planets and found reasons why Pluto is no longer a planet. Students created their own mnemonic poems to remember the order of the planets and would like to share some of them with you.

Cian E. – My Very Easygoing Mother Just Saved Us Nothing

Hannah L. – My Very Elegant Mum Just Sat Upon Noodles

Josh M. – My Very Exciting Mum Jumping Sadly Under Neptune

William P. – My Veins Eat, My Jumpers So, Ugly Nuggets (die)

Josiah S. – Machines Vaporised Elephants Making Jaguar Stick Up Next

Rohan R. – My Very Eggy Mum Just Sat Under Noodles

Dylan T. and Charlie C. – Mum Vs Eating Marsbars Jumping Super Under Nests

Mina J. and Ella W. – My Very Excited Mum Jumps So Unusually NOT!

Jack G. and Austin C. – My Very Excited Mouth Just Served Up Nuggets

Campbell F. – My Very Evil Marsbar Jumped Sun Uranus Not





## Mathematics News—Do you want the big half, or the small half?

During the school holidays I was remembering back to a time when I was staying at my cousin's house on the school holidays. My Auntie would always make sure we ate all our dinner before there was any mention of dessert. As I was reminiscing, I realised this particular dessert was my introduction to fractions. Yes, at the ripe old age of 6 I was immersed in the world of cupcakes... I mean fractions. My Auntie placed a cupcake on the plate and proceeded to cut the cake down the middle. Being a very polite family, I was offered the choice of which piece to have...

### “Do you want the big half, or the small half?”

(My Auntie, 1991)

‘BIG! Of course, big. No question about it’, I thought to myself. Remember, I was 6 at the time. I proceeded to enjoy my ‘big half’ of the cupcake, most of it spreading out across my face like a badge of dessert honour.

There's a problem here though. Did you pick it up? No, it's not a 6 year old eating cupcakes. It's the fact that there cannot possibly be a ‘big half’ of a cupcake. We all know that halves are the result of splitting a whole in two equal parts. I don't believe that the problem here is that my Auntie didn't understand fractions (she's a doctor and very intelligent). There would have been no issue if she said “big piece” or “bigger slice”, but she used the word half. The problem here is language

We have all been victims of misinformation and misconceptions in Mathematics at some stage in our lives whether we know it or not. In fact, as educators we often focus on ‘common misconceptions’ when planning for learning experiences because we can target misunderstandings before they become embedded in the way we think, learn, count, write, spell, speak and read. These misconceptions can come from anywhere. In my case it was a family member. However, right now they also come from peers, YouTube tutorials, gaming, apps, television, other students, books and websites to name a few.

So... what are we doing about it now? Good question. Throughout Term 1, the Mathematics teachers have been focussing on intentionally communicating the correct mathematical language that will assist us in dispelling common misconceptions and misunderstandings. The team have been building (and will continue to build) a consistent set of mathematical terms that will support deep understanding and the transfer of skills and knowledge learnt to real world situations. Our goal is to ensure that this language is consistent from Prep to Year 6. It will be used during introductions, when posing open-ended questions, when conferencing with students, as a reflection tool and to frame home learning tasks. Language is key to understanding and nothing motivates learning like understanding.

If you are interested in what sort of language you can use at home in supporting you children to become active mathematicians please don't hesitate to ask any of the Mathematics teachers.

Dan Zielinski

Mathematics Learning Specialist

## From Our Vice Captains

Hi everyone,

Welcome back to Term two. We hope you have had a great holidays and a good start back at school. This Term is going to be busy with school improvements, electives, reports, Open Mornings and many school tours. The captains have been starting to take tours around the school and really enjoy the opportunity.

Some fabulous new developments that will be happening this term:

- The design for the new play grounds in the old portables area will begin.
- The oval will be converted into a synthetic grass area with a soccer and football field and a running track around it. This project is supposed to be completed by the end of the term.
- The oval will get a much needed new drainage system to redirect the rainwater.

We are enjoying the opportunity to lead the school assemblies each week. We appreciate all parents/guardians and family members who attend to support their children. Thank you

From the Vice School Captains

Austin and Bianca



## Sick Bay Roster

Fri April 20	Angela Murray
Fri April 27	Nicole Kuruwita
Fri May 4	Magda Tapias
Fri May 11	Jessica Brown
Fri May 18	Eiko Naruse

## LEADERS OF THE WEEK AWARDS

Student	Grade	For
Annabel S	P-M	Writing some great sentences using three Golden Words (it is 9...). Well done!
Madhu R	P-P	Sharing her wonderful book about her school holidays! Thank you.
Mikaela H	P-S	Her enthusiastic participation in class discussions and activities!
Sebastian W	1-B	Moving forward in his reading! Super fantastic!
Wyatt C	1-B	Wonderful dance moves at the whole school sing-a-long and our class disco!
Stephanie G	1-G	Great input in the year level's discussion about synergizing.
Lyamar E	1-G	Being proactive with her home reading.
Sahara F	1-W	Fantastic whole body listening! Well done.
Naomi R	1-W	Super quick recognition of 2 digit numbers! Wunderbar!
Max G	2-D	Writing an interesting poem about his X-Box. Fantastic work!
Charlotte H	2-W	Fantastic work and participation in maths! Well done Charlotte.
Toby M	3/4M	Great holiday writing about fun activities enjoyed over the break. Grassartig!
Ava W	3/4W	Always putting first things first in all her classroom tasks.
Jamie B	3/4Z	Being very organised and starting the term proactively.
Genevieve W	3/4Z	Her positive and complimentary attitude towards the work of other students. Well done!
Ella K	5/6C	Her awesome work setting up the gymnastics club with Teagan while working hard in class!
Rohan R	5/6S	Counting and distributing a lot of notices for the whole school! A great effort, thank you!
Campbell F	5/6S	Counting and distributing a lot of notices for the whole school! A great effort, thank you!
Emmalee E	5/6Z	Exploring the way you use free verse poetry to add meaning to your artwork.

# knox

your city



## Knox: AMPLIFIED 2018

### A Creative Suburbs Funded Program

KNOX: AMPLIFIED sees professional musicians deliver a series of participatory music-making workshops alongside local communities, focusing upon skill development, creative partnerships, audience development and strengthening the local arts scene. Targeting local communities including schools, youth, multicultural and seniors as well as musicians and families, diverse communities will collaborate on new musical works that culminate in a suite of unique public performances in Knox.

The act of music making in a group context enables participants to not only think about their own musicality and physicality, but the way they work together and interact with fellow participants as they create sounds, rhythms, lyrics, movement and ultimately, a sense of collective community wellbeing. Through a series of immersive workshops, the community and professional artists will work together to evolve their instrumental, performance and vocal skills that will result in the development of new work to be shared at a collaborative public performance at Knox Community Arts Centre (KCAC)

### Artists and Workshop Leaders

For Primary Schools we are working with *Penny Larkins*, *Carl Pannuzzo* and *The Mighty Buzzniks*. The Mighty Buzzniks take the genre of children's music and infuse it with an original and quirky mélange of rock, country, folk and pop. They believe that children have sophisticated ears that relate to 'real' contemporary music and interesting rhythms. Through their music and workshops the Buzzniks create surreal musical stories and the humour, bringing a broader language of music to children with a lyrical content that teaches them something about the world. "Music is a shared experience – we want parents to connect with their kids and have fun through the music."



[www.mightybuzzniks.com](http://www.mightybuzzniks.com)





## Parents' Club News

Welcome back everyone!

What's happening this term!

### Loose Change Frenzy

During term 2 Students are asked to support our loose change frenzy, by bringing along as many coins as possible. The class who raises the greatest total will have a popcorn and movie day as a reward. I've already been seeing a students coming in excited with their bags of coins.

### Hot Food Tuesday & Thursdays

First week has gone off with a bang! The lunches smell amazing! Hot food days – is a Parents' Club run fundraising activity, where children can bring along some lunch, suitable to be reheated in our pie warmer. Cost of this is \$1 this does include tomato sauce if they would like.

I've seen lots of different meals coming in, left overs from night before, sausage rolls, pies, sausages, stir fry, spaghetti bolognaise, and so many other meals.

### Entertainment Books

Support Bayswater South Primary school with their fundraising in 2018.

Check out the fantastic offers including dining, activities and attractions.

Also, did you know Entertainment members save 5% off Woolworths grocery shops all year around – think of the savings!

Purchase an Entertainment Book or digital membership today, feel free to share the link on your Facebook page.

<https://www.entertainmentbook.com.au/orderbooks/180c374>

Contact Louise Walton (Oscar Walton Preps mum) for more information.

### JOIN US AT PARENTS' CLUB

As a Parents' Club, we see our role to work with and support the whole school community: the school council, staff, students and families.

Another important role we have in the school community is to raise funds for the benefit of our school.

We would love to extend the invitation to all parents in our school community to join the Parent Club for 2018. It's an amazing opportunity to be make a positive contribution to our school as well as getting to make new friends.

For more information about joining, please email us at [bspsparents@gmail.com](mailto:bspsparents@gmail.com)

Our next meeting is on Thursday 26th April at 915am @ in the Hall.



Find us on Facebook : BSPS Parents Club

[www.facebook.com/groups/bspsparentsclub/](https://www.facebook.com/groups/bspsparentsclub/)

Have a fantastic Weekend,

Nicole Higham

Parents' Club 2018 President

**BELIZA'S SCHOOL UNIFORM  
SHOP WILL BE CLOSED ON  
WEDNESDAY, APRIL 25**

*A Parents' Club Fundraising Activity*

# LOOSE CHANGE FRENZY

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**CHANGE FOR CHANGE - A LITTLE GOES A LONG WAY**

**DURING TERM 2 STUDENTS ARE ASKED TO SUPPORT OUR  
'LOOSE CHANGE FRENZY'  
BY BRINGING ALONG AS MANY COINS AS POSSIBLE**

**5, 10, 20 & 50 CENT PIECES**

**THE CLASS WHO RAISES THE GREATEST TOTAL WILL HAVE A  
POPCORN & MOVIE DAY AS A REWARD**

**OUR FUNDRAISING FOCUS FOR 2018 IS THE REDEVELOPMENT  
OF OUR PLAYGROUND AREAS**



**THANK YOU FOR YOUR CONTINUED SUPPORT OF THE  
BSPS PARENTS' CLUB**

## **HOT FOOD DAYS**

**Now on Tuesday & Thursday!!**

**Returning for terms 2 & 3**

**Starting Tuesday 17th April**

### ***What is 'Hot food Tuesday & Thursday' ?***

It is a Parents' Club fundraising activity, where children can bring something for lunch that is suitable to be placed in a low temperature oven (pie warmer) to be heated up. Then it will be nice and hot for your child at lunch time. **The cost is \$1** (this includes tomato sauce if they would like it).

### ***What do you need to do?***

Your child's food item must be suitably wrapped. The best way is in foil or in a small foil container. **NO PLASTIC please.** It must have your child's name and grade written on the wrapping. Don't forget to attach or include your money also.

Please remember that lunch is at 11.00am, therefore all food items **MUST BE DEFROSTED** (a good tip is to place it in the fridge the night before)



### ***Stuck for ideas on what to send?***

- \* Make some sausage rolls (and hide some extra veggies in them)
- \* Cook up some extra dinner and send a serve to be heated up (spaghetti bolognese is a good one) Don't forget a fork !
- \* For something sweet, an apple pie
- \* A proven favourite, party pies, pasties, sausage rolls etc

If you have any questions please contact me or speak to your child's classroom teacher.

Nicole Higham at [bspsparents@gmail.com](mailto:bspsparents@gmail.com)

*Thank you for your support.....BSPS Parents' Club*



## The Workshops

The program will be delivered within the following the broad framework:

**Workshop 1:** introductions, warm-up, artist demonstrations, participants “show and tell”, approaches to musical style, performance, brainstorming ideas for the outcome.

**Workshop 2:** improvisation, development of musical phrases, rhythms, lyrics and motifs, selection of musical materials, ideas for performance outline.

**Workshop 3:** Refinement of materials, rehearsal of the performance structure, taking on board any last-minute offers!

## Dates

Penny Larkins, Carl Pannuzzo, Neda Rahmani and the Mighty Buzzniks	
Workshop 1	21 May (morning or afternoon tbc)
Workshop 2	28 May (morning or afternoon tbc)
Workshop 3	4 June (morning or afternoon tbc)
Performance with Mighty Buzzniks at KCAC	7 June OR 8 June tbc (evening)

## Venue

All workshops will be held at Knox Community Arts Centre, Cnr Mountain Highway and Scoresby Road, Bayswater.

## Please note

- Workshops are provided free of charge to schools and participants, however schools and/or parents/guardians will be responsible for arranging transport for participants to and from KCAC for all workshops and the performance.
- The workshops are open to a mixture of year levels and are designed for all-comers. Students with or without musical backgrounds are invited and encouraged.
- The workshops are offered as a series. Participants are expected to attend all three workshop sessions and the performance at KCAC.
- Workshop length will be two hours with a break
- The performance at KCAC will be open to the public, families and friends. Further details will be provided shortly.

## Further information

Please contact the Project Facilitator

Patrick Cronin 0407 319 346 [patrick@idiomatic.com.au](mailto:patrick@idiomatic.com.au)



## Year 7 2018 Application Information Evening

MONDAY, April 23 from 6.30—7.30pm

Dear Parents,

To help with the successful completion of the applications, we will be running a

**Year 7 Application Information Evening on Monday 23<sup>rd</sup> of April from 6:30pm to 7:30pm**, in Annette Schmelzle's classroom in the LLC. During the session we will provide information on how to assist you to apply for your child's Year 7 placement for 2019.

Parents should have received their application forms by now. Please note that these forms need to be completed and returned by Friday 11th of May.

Regards,

Petra Murrihy

On behalf of the 5/6 Team

## Secondary College Open Sessions/School Tours

Vermont Secondary College: [vermontsc.vic.edu.au](http://vermontsc.vic.edu.au)

Heathmont Secondary College: [heathmont.vic.edu.au](http://heathmont.vic.edu.au)

Fairhills High: [fairhillshs.vic.edu.au](http://fairhillshs.vic.edu.au)

Ringwood SC: [ringwoodsc.vic.edu.au](http://ringwoodsc.vic.edu.au)

Bayswater SC: [bayswatersc.vic.edu.au](http://bayswatersc.vic.edu.au)

Wantirna College: [wantirnacollege.vic.edu.au](http://wantirnacollege.vic.edu.au)



**HIGH QUALITY GOVERNMENT SCHOOL EDUCATION**  
21ST CENTURY LEARNING ENVIRONMENT. YEARS 7 TO 12  
VCE, VET + VCAL PATHWAYS  
Engage | Enrich | Empower

**Melba COLLEGE**

**OPEN NIGHT**  
7pm, Monday 30 April, 2018  
Theatre  
Brentnall Road, Croydon

**Join us to:**

- See our new buildings
- Find out about our outstanding NAPLAN results
- Investigate our STEAM program opportunities

**Experience our:**

- Award winning Performances, Music and Bands
- Innovative Year 7 Launch Pad Program
- Creative Language Program

**School Tours Available**  
telephone: 9870 4551  
melba.sc@edumail.vic.gov.au  
www.melba.vic.edu.au





# XYZ SPORTS PROGRAM

**Continuing in Term 2 as it's been a fantastic program and enjoyed by all the children involved**

## Come & Join the Fun: Mondays @ After School Care

Monday Afternoons @ Knox Indoor Sports

Bookings Essential: Please also complete the Permission Form below

XYZ OSHC: 0430 554 579

Families with a Permanent Monday Booking: Your child is included in this program.

### Term 2: Netball, Volleyball, Soccer & Cricket Clinics

**Beginning Monday 23<sup>rd</sup> April 2018**

Sessions will run during OSHC: 3.30pm to 5.30pm

Parents to Collect Children from

Knox Indoor Sports Centre

108 Lewis Rd, Wantirna South Before 6.00pm

I give permission for my child/children (name) \_\_\_\_\_ to participate and travel by Private Coach to Knox Indoor Sports centre every Monday afternoon with XYZ Out of School Hours Care.

I understand that I will be collecting my child/children from the Knox Indoor Sports Centre at 108 Lewis Road, Wantirna South **before 6.00pm** on Mondays.

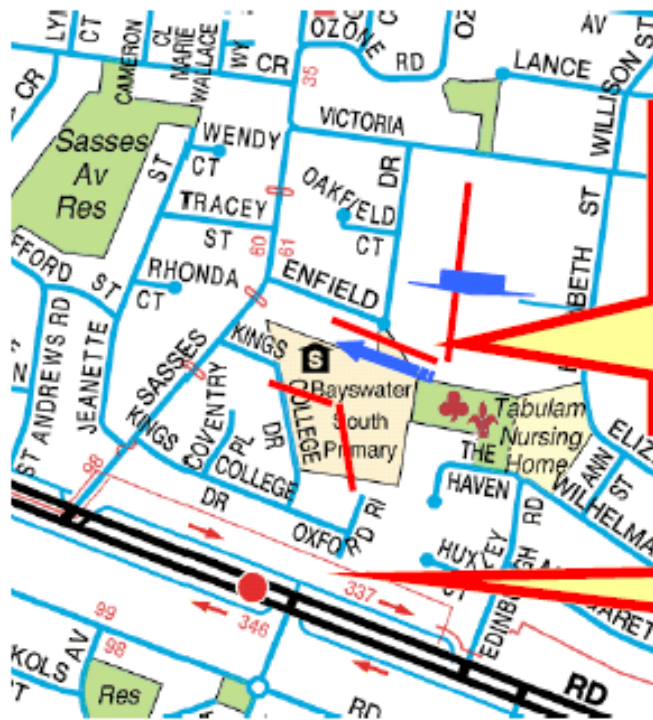
Parent/Guardian Name: \_\_\_\_\_

Sign \_\_\_\_\_ Mobile: \_\_\_\_\_ Date: \_\_\_\_\_

Emergency Contact Name and Contact Mobile/Phone Number: \_\_\_\_\_

**AS A COURTESY, PLEASE DO NOT PARK ACROSS OUR NEIGHBOUR'S DRIVEWAYS. WE HAVE HAD A CALL FROM ONE OF OUR NEIGHBOURS IN KINGS COLLEGE DRIVE WHO HAS HAD CARS PARK ACROSS THEIR DRIVEWAY ON SEVERAL OCCASIONS.**

# PLEASE TAKE NOTE SCHOOL PARKING



During Drop Off & Pick Up Times it would be appreciated if we could all make:

### Enfield Drive a 1 Way Road!

Entering via Victoria Road  
Exiting via Sassas Avenue

This only takes 1 more minute out of your daily travel time

### KINGS COLLEGE DRIVE

PLEASE:  
NO PARKING IN OR ACROSS  
ANY DRIVEWAYS

**NO PARKING**  
in the School Grounds  
or Staff Parking area

**TO ALL PARENTS**

**AS A COURTESY AND FOR THE SAFETY OF ALL OUR CHILDREN**

Please help follow these guidelines during school peak times

**Please take note of the permanent 40km speed zone in surrounding streets**

### **WHEN PARKING:**

Please take an extra minute to be courteous and allow enough room for cars to manoeuvre in and out without damaging others!

Please do not take up 2 car spaces—allow for extra cars to park

By following the above guidelines, traffic and parking through the school zone will flow smoother and will keep traffic congestion to a minimum.

Thank you

School Council

# REACTIONS

**Love Pitch Perfect?  
Love Glee?  
You'll love this!**

**Reactions and Reactions Junior**  
are singing, dancing, acting and performance  
skills groups for children aged 5 to 18+ years

Reactions and Reactions JNR are welcoming community groups  
that pride themselves on being inclusive, helping you  
build confidence and have FUN!

**When:**  
**Reactions Jnr (5-12 years):**  
Wednesdays during school terms from 5.30 - 6.15pm  
**Reactions (13+ years):**  
Wednesdays during school terms from 6.30 - 7.30pm

**Where:** Knox Central Primary School Darwin Rd, Boronia  
**Cost:** \$8 per session - first session FREE!

For information or to register  
email [reactions@outlook.com.au](mailto:reactions@outlook.com.au) or  
call Karina on 9758 5522

**INTERCHANGE**  
OUTER EAST

## YOUR CHANCE TO TRY BMX



**5th May 2018**  
11am - 12.30pm  
**Knox BMX Track**  
Bunjil Way, Knoxfield

Knox BMX is a beginner friendly track. Please wear  
pants and a long sleeve top. Bikes and gear will be  
available to borrow. This is a free event.

**BMX RIDE IN 2 BMX**  
AUSTRALIA

A national program by  
**COACHES AUSTRALIA**  
Nourishing Our Country

TEMPLE SOCIETY AUSTRALIA  
Nourishing Our Country

**NEST**  
Nourishing Our Country

## DISCOVER. PREPARE. COOK. ENJOY!

**Next NEST session**  
12pm to 2pm  
Bayswater Hall, 51 Elizabeth Street, Bayswater

Balancing It All Out | April 30  
Eating for Energy | May 7  
The Low Down on Fat | May 14  
The Sweet Truth | May 21  
Budget Beaters | May 28  
Fridge Raid | June 4

We'd love for you to come along for a few hours and find out ways to eat well  
for a healthier life!

- Nice, friendly and fun activity
- Easy ways to remember what foods are good for you
- Simple meals that are tasty and easy to make
- Tips on how to save money on groceries

And best of all, it's free and fun! We hope to see you there.

*All attendees  
will receive a certificate  
on completion!*

**NEST – NICE. EASY. SIMPLE. TIPS.**

## Bayswater South Primary School

Values : *Respect Empathy Honesty Teamwork*

Enfield Drive  
Bayswater, Victoria, 3175  
Australia  
Phone: 03 9729 2862  
Email: [bayswater.south.ps@edumail.vic.gov.au](mailto:bayswater.south.ps@edumail.vic.gov.au)  
Web: [www.baysouthps.vic.edu.au](http://www.baysouthps.vic.edu.au)

